



## Margaret Mead Jump Rope Club

Coordinated by Margaret Mead PTSA

Hot Dog USA, a World Champion Jump Rope team, will be teaching a PTSA sponsored Jump Rope class. Hot Dog USA has traveled all around the world performing and teaching Jump Rope skills to thousands of students and adults. They have been featured on over 30 different television shows such as Bill Nye the Science guy, Good Morning America, ESPN, and Fox Sports Network. They have led hundreds of Jump Rope workshops and have performed at various events such as professional basketball halftime games, company picnics and school assemblies.

During these fun-filled classes the children will learn a variety of Jump Rope skills catered to their skill level. Emphasis will be based on learning new Jump Rope skills, finding fun ways to stay healthy through exercise, making friends and having fun! The children will learn skills such as single rope, partner skills, double dutch and long rope. They will play Jump Rope games and learn performance technique through sharing jump rope skills to the class.

WHO: Boys and Girls in Grades K-6th  
DATES: All Thursdays in May- 5/6, 5/13, 5/20, 5/27  
TIME: 3:00-4:15 (Please bring an after school snack to eat between 3:00-3:15)  
PLACE: Under cover play area by the gym  
COST: \$45.00 (includes all 4 classes and a jump rope)  
CLASS SIZE: Minimum: 8 Maximum: 24  
REGISTRATION DEADLINE: (spaces fill up fast!)  
For questions regarding registration contact Deb Gross by email: [debsue22@hotmail.com](mailto:debsue22@hotmail.com) or 836-8364

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cut here and return registration form below with payment

## **Margaret Mead Jump Rope Club Registration**

Student Name(s): \_\_\_\_\_

Grade(s): \_\_\_\_\_ Teacher(s): \_\_\_\_\_

Parent's Names: \_\_\_\_\_ E-mail: \_\_\_\_\_

Address: \_\_\_\_\_

Home Ph.: \_\_\_\_\_ Work Ph.: \_\_\_\_\_ Cell Ph.: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Please send this registration form and check for \$45 (payable to Mead PTSA) to the school office in an envelope marked PTSA Jump Rope Club.